



## Directions to WellBeing Clinics

**1 Wentworth House, Vernon Gate, Derby, Derbyshire, SAT NAV DE1 1UR**

If you need to ask for directions, ask for **The Old Greyhound Stadium**, which is the site on which Vernon Gate has now been built. Alternatively if you do get lost call us on **(01332) 224820** so one of our reception staff can direct you in.

### Coming from Nottingham to the Derby inner ring road (A52 to Ashbourne)

From Nottingham take the A52 to Derby. Stay on A52 Derby ring road and follow the signs for A38 and Ashbourne (A52). Turn right at the Friar Gate traffic lights and go under the old Friar Gate bridge (ornate Victorian iron railway bridge over Friar Gate). Keep in the left hand lane up to the traffic lights at the cross-roads junction between Friar Gate, Ashbourne Road, Uttoxeter Old Road and Brick Street. Turn left into Uttoxeter Old Road and take the first left (about 120-140 yards) into South Street. Turn immediately right into Vernon Gate (Private Road) and immediately right again, into our car park. Park on the row closest to the clinic entrance in one of our dedicated, free parking places.

### Coming from Loughborough along the A6 to the Derby inner ring road (A52 to Ashbourne)

Take the A6 to Derby which brings you along London Road. Stay on the London Road and at the top is a roundabout (Derbyshire Royal Infirmary on your left with the statue of Florence Nightingale just before the roundabout itself). Turn right, onto a dual carriageway which leads down to a large roundabout with a multi-storey car park in the middle. Go round the roundabout with the bus station on your left, following the signs for the A38 and Ashbourne (A52). You will go over the River Derwent, skirting the edge of the city centre. The **Jurys Inn hotel** will be on your left. Go through the next two sets up traffic lights (Derby college and then Willows sports complex on your left) through last set traffic lights at the junction with Friar Gate. On your left will be the **BEAN cafe shop and Friagate studios**, opposite you is a new office building with a metal copper covering. At these lights get in the right hand lane, turning right and going under the old Friar Gate bridge (ornate Victorian iron railway bridge over Friar Gate). Get in the left hand lane and at the next traffic lights turn left into Uttoxeter Old Road. About 120-140 yards (just prior to a pedestrian crossing), take first left into South Street. Turn immediately right into Vernon Gate (Private Road) and immediately right again, into our car park. Park on the row closest to the clinic entrance in one of our dedicated, free parking places.

### Coming from Belper A6

Get onto the A38 heading to Derby. Keep in the left hand lane as you approach the Markeaton roundabout. Turn left down Ashbourne Road and keep going for about ½ mile until you reach the traffic lights at the cross-roads junction with Friar Gate (just past a **'My local store on your right'**). Take the right hand lane at the traffic lights and turn right up Uttoxeter Old Road. Take the first left (about 120-140 yards) into South Street. Turn immediately right into Vernon Gate 'Private Road' and immediately right again into our car park. Park on the row closest to the clinic entrance in one of our dedicated, free parking places.

### Coming from Burton-on-Trent A38

Get into the right hand lane as you approach the Markeaton roundabout. Turn right down Ashbourne Road and keep going for about ½ mile until you reach the traffic lights at the cross-roads junction with Friar Gate (just past a **My local store on your right**). Take the right hand lane at the traffic lights and turn right up Uttoxeter Old Road. Take the first left (about 120-140 yards) into South Street. Turn immediately right into Vernon Gate (Private Road) and immediately right again into our car park. **Park on the row closest to the clinic entrance in one of our dedicated, free parking places.**